MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
	BINGO 10:00 AM		Wellness Initiative for Senior Education 10:00 AM	
9	10	11	12	13
	New Tripoli Bank Fraud Prevention 10:00 AM		Wellness Initiative for Senior Education 10:00 AM	
16	17	18	19	20
	AARP Presentation Getting to know your Smart Phone 10:00 AM		AARP Presentation Downsizing and Decluttering 10:00 AM	
23	24	25	26	27
	Highway Safety Network Presentation with Kelly Gerencher 10:00 AM			
30				

NOVEMBER HOT MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Ham w/Pineapple Sauce Scalloped Potatoes Carrots WW Roll Diced Pears	Breaded Pork Patty w/Gravy Sweet Potatoes Buttered Wax Beans WW Roll Fresh Fruit Salad	Sloppy Joe Coleslaw Corn WW Sandwich Roll Fresh Melon	Orange Chicken Caribbean Vegetable Blend Buttered Brown Rice Pound Cake	Cheeseburger French Onion Soup Roasted Potato Wedges WW Sandwich Roll Fresh Orange
9	10	11	12	13
Italian Pork Loin Sauerkraut Mashed potatoes Mandarin Oranges WW Roll	Beef Stew Baby Baked Potatoes Carrots WW Biscuit Applesauce	CENTER CLOSED VETERANS DAY	Meatloaf w/Gravy Mashed Potatoes Mixed Vegetables WW Roll Oatmeal Cookie	Chicken Parmesan Side Salad Buttered Rotini Mozzarella Cheese Fresh Orange
16	17	18	19	20
Spanish Style Rice w/Beef Roasted Corn and Black Beans Spanish Style Rice Tropical Fruit	Turkey Kielbasa Sauteed Cabbage Buttered Red Potatoes WW Roll Fresh Pineapple	French Onion Meatballs Mashed Potatoes Peas WW Roll Fresh Fruit Salad	Chicken Tenders w/ BBQ Sauce Green Beans Cheddar Broccoli Soup Roll Fresh Orange	SPECIAL MEAL Roast Turkey w/Gravy Green Beans Roasted Sweet Potatoes Bread Stuffing Lemon Cranberry Muffin
23	24	25	26	27
Pork Riblet Vegetarian Baked Beans Coleslaw WW Sandwich Roll Sugar Cookie	Chicken Cordon Bleu Potato Leek Soup Peas WW Roll Fresh Melon	Stuffed Pepper Mashed Potatoes Buttered Carrots WW Roll Vanilla Greek Yogurt	CENTER CLOSED THANKSGIVING	CENTER CLOSED THANKSGIVING
30				
Ham w/Pineapple Sauce Scalloped Potatoes Carrots WW Roll Diced Pears				

Menu Subject to Change

NOVEMBER LITE MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Turkey & Monterey Jack Sandwich Broccoli Salad WW Bread Fresh Apple Slices	Chef Salad w/Turkey WW Dinner Roll Fresh Orange Thousand Island Dressing	Spring Salad w/ Chicken WW Dinner Roll Mixed Fruit Raspberry Vinaigrette	Ham &Cheddar Sandwich Fresh Pepper Strips WW Bread Fresh Pear	Egg Salad Sandwich Four Bean Salad Kaiser Roll Tropical Fruit
9	10	11	12	13
Smoked Turkey & Pepper Jack Sandwich Diced beets WW Bread Mixed Fruit	BBQ Chicken Salad WW Dinner Roll Fresh Orange Ranch Dressing	CENTER CLOSED VETERANS DAY	Cold Meatloaf & Swiss Sandwich Fresh Pepper Strips WW Club Roll Fresh Apple Slices	Grilled Chicken Sandwich Four Bean Salad WW Kaiser Roll Fresh Pear
16	17	18	19	20
Ham and Swiss Sandwich Coleslaw Whole Wheat Bread Fresh Pear Sweet & Sour Cup	Chicken Caesar Salad WW Dinner Roll Peaches Caesar Dressing	Turkey Cobb Salad WW Dinner Roll Mandarin Oranges Balsamic Vinaigrette	Tuna Salad Sandwich Four Bean Salad WW Sandwich Roll Pineapple	Roast Beef & Provolone Sandwich Diced Beets WW Bread Fresh Orange Horseradish
23	24	25	26	27
Turkey & Monterey Jack Sandwich Broccoli Salad WW Bread Fresh Apple Slices	Chef Salad w/Turkey WW Dinner Roll Fresh Orange Thousand Island Dressing	Spring Salad w/ Chicken WW Dinner Roll Mixed Fruit Raspberry Vinaigrette	CENTER CLOSED THANKSGIVING	CENTER CLOSED THANKSGIVING
30				
Smoked Turkey & Pepper Jack Sandwich Diced beets WW Bread Mixed Fruit				

Menu Subject to Change